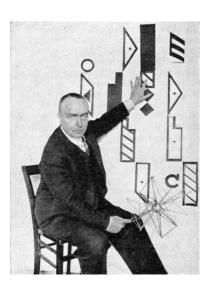
http://www.rhuthmos.eu/spip.php?article2436

## R. Laban, Eurhythmy and Kakorhythmy in Art and Education



PublicationsEn ligne - NOUVEAUTÉS

Date de mise en ligne : mardi 20 août 2019

**Copyright © Rhuthmos - Tous droits réservés** 

This text has been translated and published by Paola Crespi in Body & Society, 2014, n° 20, pp. 75-78. It is also online on <u>Academia.edu</u>. We thank <u>Paola Crespi</u> for the permission to republish it here.

## http://www.rhuthmos.eu/local/cache-vignettes/L64xH64/pdf-b8aed.svg

**Abstract**: This text translated here (first published in *Die Tat* in May 1921) is an early elaboration of Rudolf Laban's polyrhythmic ontology. The phenomenon of rhythm here takes shape through the manifold ways in which it resonates in the text (Ur-rhythm, Eu-rhythm, Kako-rhythm). Besides positing a fundamental codependency between rhythm, movement and space, Laban sees rhythm here also as the gateway to a socio-ethical dimension culminating in the Festival, or art of celebration.

Keywords: 1920s, body, dance, polyrhythm, rhythmanalysis, ritual

'Eurhythmy' is a term that has been used for thousands of years, and it originally meant 'a beautiful or harmonious flow of movement [*Wohlfluss*] perceivable through our senses'. The totality of all imaginable sequences of movement is rhythm in nature. But does anything exist that is not an outcome of movement ? The easily definable, clearly visible good order [*Wohlordnung*] of sequences of movement is beautifully rhythmic, eurhythmic.1 However, in the end does anything exist that is not well ordered, that is, perceivable as being composed of the basic elements ?

[...]